

MindEd For Families

Please find a link below to a new resource for families. The 'MindEd for Families' project was funded by the DFE and provides expert information for families with concerns about their children's mental health and wellbeing. The resources have been developed as a partnership between parents and mental health experts.

The aim of MindEd is to provide simple, clear guidance on children and young people's mental health, wellbeing and development to any adult working with children, young people and families to support the development of young healthy minds.

<http://minded.e-lfh.org.uk/families/index.html>